

Know Yourself & How to Manage Blind Spots Impacting Potential



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You have a predictable personality style that drives your communication, decisions, relationships, and leadership, which impacts your performance, influence, and lifelong success. Learn how to recognize and maximize the strengths of your style and manage the blind spots that block your potential. Turn this into an asset for sustainable life-long success and winning relationships professionally and personally. Can you afford to not know?

This course develops an essential core competency of Emotional Intelligence ("EI") for effective self-management, which is the greatest predictor of success. You will develop the necessary skills to become more targeted and successful with your goals, influential with clients, customers, employees, and supervisors. Whether it's how to effectively manage yourself, deal with conflict, relate with others, elevate leadership competence, effectively coach, or operate a business, this program will improve your performance and everyday life. Can you afford to wait?

This highly interactive program has been delivered to small and large corporations, non-profits, the U.S. government and military leadership and has been consistently evaluated as one of the most powerful tools you will experience for long-term success.

DURATION: Full day

**IN THIS CLASS
YOU WILL LEARN:**

- > Your core personality driver, and how it influences your actions and decisions.
- > Specific tools to effectively leverage strengths & manage blind spots to achieve your maximum potential.
- > Emotional Intelligence ("EI") as a core competency.
- > Using the Enneagram as a tool for ongoing self-management.
- > Fundamentals to recognize other types; a critical skill of effective communication and influence.
- > Application of powerful techniques including "Mind the Gap" that puts practices into action.
- > A customized development plan for sustainable success.

Activities include individual assessments, demonstrations, exercises, and group discussions. You will develop skills that are long-term and self-sustaining. You will enhance self-awareness, social competence, and improve performance in ways that maximize professional and personal potential.

WHO CAN BENEFIT:

This program is appropriate for individuals, professionals, managers, leaders, and executives who desire a unique, targeted, competitive edge to maximize performance; self-management; lead teams; improve communication; manage change; elevate leadership competence; deal with conflict; or discover how to bring out the best in yourself and others. It is also appropriate for organizations who want to:

- a) Create a common language for employee performance conversations.
- b) Build a successful foundation for ongoing employee development.

MATERIALS:

- Each participant receives:
1. Student workbook and PowerPoint slides.
 2. Card deck of types/styles
 3. Enneagram workbook.

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CAGE: 79FM6
VENDOR: 11526529

"I've been through a lot of self-improvement and personal development seminars and books, yet I definitely got more valuable insight that I could actually apply and use for real improvement from the session that you did than all prior books and events combined." (see website for testimonials)

